

Gail Gabel Reviews:

A Celebration of Black History Month

February 27th 2021

February was Black History Month internationally and the Canadian Federal Government web site, our Provincial Government and local newspapers had a wealth of information on the historical contributions made to Canada by many outstanding Black Canadians. Maître Rotisseur, and Executive Chef, Castro Boateng designed an eclectic menu of African and Caribbean dishes in celebration of Black History Month. Several Bailliage Members were able to dine at the House of Boateng and enjoy new and exotic flavours.





African & Caribbean inspired 6 Course Tasting Menu

In celebration of Black History Month

February 27th 2021

Lamb Suya

Nigerian Style Lamb Skewer, HOB BBQ Sauce, Chayote & Carrot Slaw

Fried Sweet plantain*

Avocado, Braised Beans, Quail Egg

Cured & Torched Mackerel*

Preserved Mushrooms, Roasted Yam, Ghanaian Style Egusi & Spinach Stew

Spicy Peanut & Goat Soup

“Omo Tuo” Rice Ball with Herb Oil

Fried Pacific Red Snapper

Grilled Onions, Roasted Peppers, Shito & Pepper Relish

Passion Fruit Panna Cotta*

Coconut Crumble, Compressed Pineapple, Mango Gel

* indicates photo



